

Scavenging Effect of Nicorandil on Free Radicals and Lipid Peroxide in Streptozotocin-Induced Diabetic Rats

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Free radicals and lipid peroxide (LPO), easily formed in the diabetic state, play an important role in the development of diabetic complications. Potentially, nicorandil may reduce the production of free radicals and LPO in various organs. In fact, increased LPO levels in the serum, kidney, and cardiac muscle of diabetic (DM) rats were reduced by nicorandil treatment (N treatment). Xanthine oxidase (XOD), which produces free radicals, was decreased in the liver and increased in the kidney of DM rats compared with control rats, and these changes were prevented by N treatment. The concentration of Cu, Zn-superoxide dismutase (SOD) decreased in the cardiac muscle and increased in the kidney of DM rats, and these changes returned to normal after N treatment. The decreased concentration of Mn-SOD in the liver, kidney, and cardiac muscle from DM rats was also reversed by N treatment. The changes in catalase and glutathione peroxidase (GSH-PX) activities in DM rats were not improved effectively by N treatment. Another K-adenosine triphosphate (K-ATP) channel opener, tilisolol hydrochloride, had an effect similar to that of nicorandil. The effects of nicorandil and tilisolol were studied only in DM rats. These data imply that N treatment, as an antioxidative therapy, may be beneficial in preventing diabetic complications due to lipoperoxidation and free radicals in DM rats.

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GLYCATED PROTEINS produce free radicals and hydrogen peroxide in diabetes mellitus (DM).¹ The increased glycation of proteins may induce an increase in free radical production and affect several enzyme activities,²⁻⁴ and then accelerate atherogenesis as a result of oxidative modifications to the vascular membrane lipids.⁵ Thus, free radicals and lipid peroxides (LPOs), easily formed during this process, are thought to play an important role in the development of diabetic complications, because free radicals and hydrogen peroxide damage cell components.⁶

Nicorandil (*N*-(2-hydroxyethyl)-nicotinamide nitrate), a vasodilator that acts as a potassium channel opener, is thought to inhibit superoxide anion production by canine neutrophils activated with either phorbol myristate acetate (PMA) or opsonized zymogen.⁷ Naito et al⁸ verified that nicorandil has an antioxidative action using a liver perfusion experiment.

In this study, we hypothesized that nicorandil reduces the production of free radicals and LPO in various organs of DM rats. Therefore, we examined the changes in the LPO concentrations and xanthine oxidase (XOD) activity in various organs from DM rats treated with or without nicorandil, comparing them with DM rats treated with tilisolol hydrochloride, which also acts as a potassium channel opener. In addition, changes in the activity of free-radical-scavenging enzymes such as superoxide dismutase (SOD), catalase, and glutathione peroxidase (GSH-PX) were also evaluated.

MATERIALS AND METHODS

Experimental Animals

Male 6-week-old Wistar rats weighing about 200 g were used in this study. The animals were housed in stainless steel cages under conditions of controlled temperature, humidity, and light. The rats were fed with a standard diet and water. All procedures were performed in accordance with the guidelines of the Institutional Animal Care and Use Committee.

Animal Treatment

DM was induced with a single intraperitoneal injection of streptozotocin (50 mg/kg body weight; Sigma Chemical, St Louis, MO) dissolved in 10-mmol/L citrate buffer, pH 4.5. The control rats received an

equivalent volume of citrate buffer. DM rats with a fasting blood glucose concentration less than 200 mg/dL were excluded from the study on day 3 after injection. The blood glucose level was measured using a GlucoBoy kit (Eiken, Tokyo, Japan) after overnight fasting. N-treated DM rats and N-treated nondiabetic rats were prepared by administration of nicorandil 15 mg/kg body weight/d (generously supplied by Chugai Pharmaceutical, Tokyo, Japan) via intramuscular injection every day for 4 weeks from day 4 after the streptozotocin injection. N-treated nondiabetic rats were prepared by the same dose of nicorandil as the nondiabetic rats every day for 4 weeks. Another K-ATP channel opener,⁹ tilisolol hydrochloride, which also has a nonselective β -blocking action¹⁰ (generously supplied by Toyama Chemical, Tokyo, Japan), was administered to the DM rats in the same manner used for the N-treated rats (tilisolol (T)-treated). Control rats were treated with a saline injection. The kidneys, liver, and heart were quickly removed from anesthetized rats and immediately frozen at -80°C until use.

Assays

LPO. LPO was determined as the concentration of malondialdehyde (MDA). The level of MDA, a secondary product of lipid peroxidation, was measured by adding thiobarbituric acid¹¹ to the homogenates and determining the LPO reaction according to the method of Ohkawa et al.¹² This method is the optimum assay for LPO, when compared with other assay systems.¹³

XOD. XOD activity expressed as the concentration was measured according to the method described by Hashimoto.¹⁴

SOD. SOD concentrations were measured as described previously.^{15,16} One hundred microliters of tissue homogenate was incubated

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in a mixture (0.8 mL) containing 0.5 mL distilled water, 0.1 mL boric acid buffer (0.156 mmol/L, pH 8.0), 0.1 mL hypoxanthine (2 mmol/L), and 0.1 mL $\text{NH}_2\text{OH} \cdot \text{HCl}$ (10 mmol/L). The reaction was started by the addition of XOD 20 U/mL diluted with 1 mmol/L disodium EDTA (pH 7.0) in a water bath at 37°C for 30 minutes. To determine nitrite formation as the product of hydroxylammonium chloride oxidation catalyzed by XOD, 2 mL reaction mixture (5 mg *N*-1-naphthylethylenediamine, 250 mg sulfanilic acid, and 66.8 mL 100% acetic acid solution, to yield a final vol of 400 mL with distilled water) was added and the mixture was incubated at 37°C for 45 minutes. Absorbance of the nitrite-produced reaction mixture at 540 nm was measured with a spectrophotometer. To discriminate between Cu,Zn-SOD and Mn-SOD, 1 mmol/L cyanide, which inactivates Cu,Zn-SOD, was added to the mixture. SOD activity is expressed as the enzyme concentration using bovine erythrocyte SOD (Sigma Chemical) as a standard.

Catalase and GSH-PX. Catalase and GSH-PX activities were measured using a method previously described.^{17,18}

Protein. Protein concentrations were determined with a Bio-Rad (Richmond, CA) protein assay kit using bovine serum albumin as the standard.¹⁹

Statistical Analysis

Data are expressed as the mean \pm SEM and were analyzed by ANOVA and a post hoc test (Scheffé F test) to determine differences among the mean values of the groups. A *P* value less than 5% was considered significant.

RESULTS

Animal Parameters

The body weight was monitored during the 4-week experimental period. Plasma glucose in DM and N-treated or T-treated DM rats significantly increased compared with the control (saline-treated) and N-treated rats. The body weight of DM and N-treated or T-treated DM rats significantly decreased compared with the control rats, but the body weight of DM and T-treated DM rats was not different from that of N-treated rats. The urinary protein concentration tended to increase in DM rats and decrease in N-treated DM rats (Table 1).

Changes in LPO Concentration in the Serum, Liver, Kidneys, and Cardiac Muscle

The LPO concentration increased in the serum, cardiac muscle, and kidneys from DM rats compared with control rats.

Table 1. Comparison of Plasma Glucose Level, Body Weight, and Urinary Protein Concentration Among Control (saline-treated), N-Treated, DM, N-Treated DM, and T-Treated DM Rats

Group	Plasma Glucose (mg/dL)	Body Weight (g)	Urinary Protein (score)
Control	92 \pm 6	382 \pm 14	1.6 \pm 0.4
N-treated	89 \pm 5	339 \pm 24	1.4 \pm 0.5
DM	417 \pm 59*	298 \pm 52*	2.3 \pm 1.5
N-treated + DM	399 \pm 56*	300 \pm 16*	1.0 \pm 1.8
T-treated + DM	387 \pm 75*	339 \pm 30*	1.8 \pm 1.5

NOTE. Values are the mean \pm SD for *n* = 10 rats per group. Urinary protein concentrations were measured using urinary protein test paper (Bayer Medical, New York, NY) and were scored as follows: 0 mg/dL = 0, 30 mg/dL = 1, 100 mg/dL = 2, 300 mg/dL = 3, and 1,000 mg/dL = 4.

**P* < .05 v control.

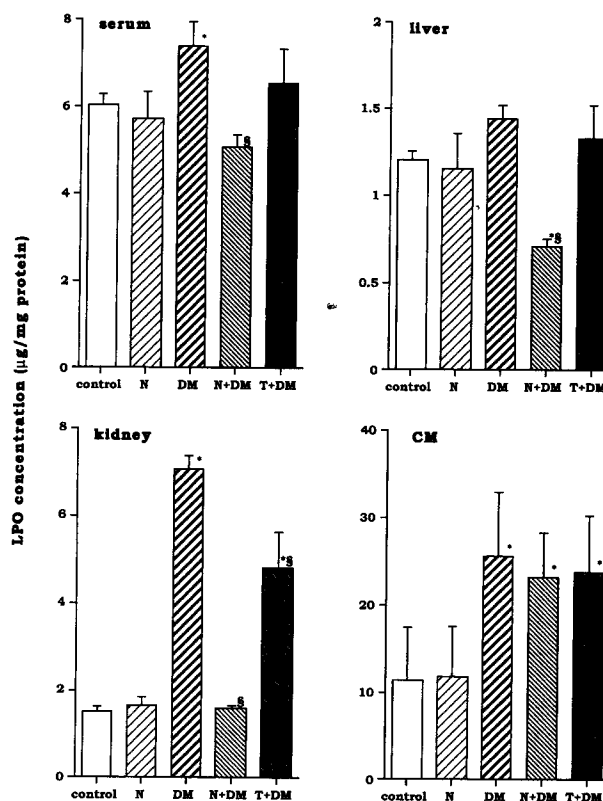


Fig 1. Comparison of LPO concentrations in the serum, liver, kidneys, and cardiac muscle (CM) among control, N-treated (N), DM, N-treated DM (N + DM), and t-treated DM (T + DM) rats. Each value ($\mu\text{g}/\text{mg}$ protein) is the mean \pm SEM for data from 10 rats. **P* < .05 v control rats; $\S P$ < .05 v DM rats.

In N-treated DM rats, the increased LPO levels in the serum and kidneys were reduced to the values in the control rats by N treatment. Nicorandil did not prevent the DM-induced increase in LPO in the cardiac muscle. In the liver, nicorandil induced a decrease in LPO to a subnormal level. The elevated LPO concentration in DM rats was reduced only in the kidneys by T treatment (Fig 1).

Changes in XOD Concentration in the Liver, Kidneys, and Cardiac Muscle

XOD concentrations decreased in the liver, increased in the kidneys, and were unchanged in the cardiac muscle from DM rats, and these changes were restored to the normal levels by N or T treatment (Fig 2).

Changes in Free-Radical-Scavenging Enzyme Concentrations

Liver. The decreased concentration of Mn-SOD in DM rats was restored to a supranormal level by N treatment and to the normal level by T treatment, but Cu,Zn-SOD concentrations were unchanged by either treatment. The decreased catalase activity in DM rats was not restored by N or T treatment. The increased activity of GSH-PX in DM rats was not restored by N or T treatment (Fig 3).

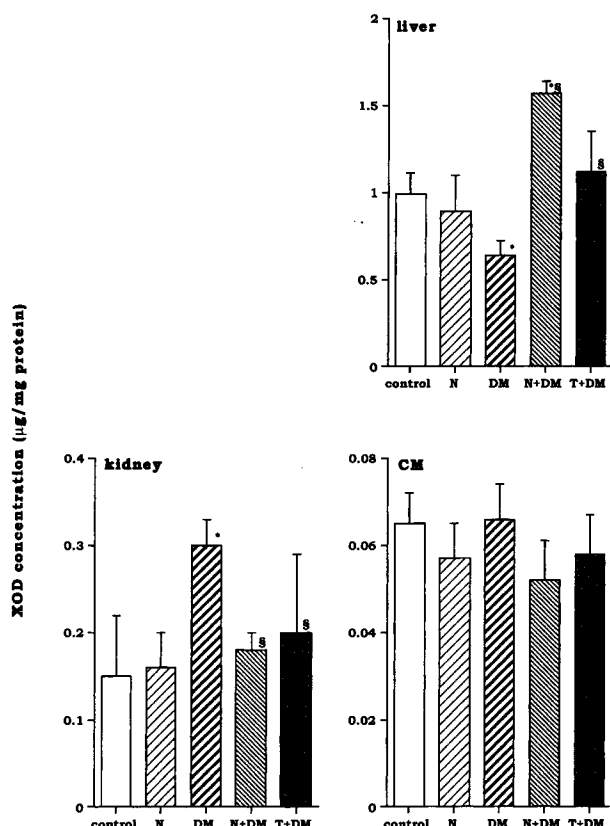


Fig 2. Comparison of XOD concentrations in the liver, kidneys, and cardiac muscle (CM) among control, N-treated (N), DM, N-treated DM (N + DM), and T-treated DM (T + DM) rats. Each value ($\mu\text{g}/\text{mg}$ protein) is the mean \pm SEM for data from 10 rats. * $P < .05$ v control rats; § $P < .05$ v DM rats.

Kidneys. The decreased concentration of Mn-SOD in DM rats was restored to the normal level by N treatment but not by T treatment, while the increased concentration of Cu,Zn-SOD in DM rats was reduced to the normal level by N or T treatment. The reduced activity of catalase in DM rats was reduced further by N treatment, but it was restored to a subnormal level by T treatment. The markedly increased activity of GSH-PX in DM rats decreased to a subnormal level after N or T treatment (Fig 4).

Cardiac muscle. The decreased concentrations of both Mn-SOD and Cu,Zn-SOD in DM rats were restored to the normal levels by N treatment, but T treatment restored only the Mn-SOD concentration. The increased catalase activity in DM rats was unchanged by N or T treatment. The increased activity of GSH-PX in DM rats was decreased by both N and T treatment (Fig 5).

All N or T treatment data were the same for nondiabetic rats and control rats.

DISCUSSION

Treatment with nicorandil or tilisolol was effective only in DM rats. The increased lipid peroxidation in the serum,

kidneys, and cardiac muscle of DM rats was restored to the same level as the control rats by N treatment. Thus, nicorandil may protect various organs against LPO invasion under diabetic conditions.

In our experiment, the changes (increases and occasional decreases) in free-radical-scavenging enzyme levels in the diabetic state were improved by N treatment. Probably, the high levels of LPO induced by hyperglycemia resulted in the induction of scavenging enzymes, and these distorted metabolic changes were recovered by N treatment.

Nicorandil was reported to act as both a nitrovasodilator and a K^+ channel opener.^{20,21} A pure K^+ channel opener did not inhibit lipid peroxidation, suggesting that the antioxidative action of nicorandil is not mediated via a K^+ channel.⁸ Since nicorandil may act as a direct scavenger of hydroxy radicals⁷ and nicotinamide is known as a hydroxyl scavenger,^{7,22} the putative beneficial effects of nicorandil due to its radical-scavenging action or its inhibition of free radical production in both human²³ and canine⁷ leukocytes are proposed. It may also act as an antioxidant via the formation of nitric oxide,²⁴ which can interfere with free radical production,^{25,26} or via other mechanisms.⁸

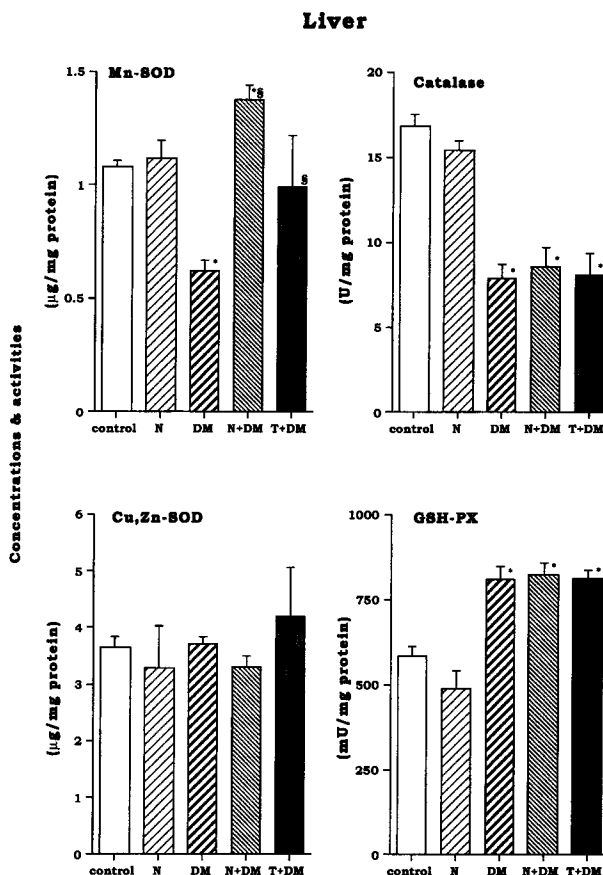


Fig 3. Comparison of scavenging enzyme concentrations and activities in the liver from control, N-treated (N), DM, N-treated DM (N + DM), and T-treated DM (T + DM) rats. Each value is the mean \pm SEM for data from 10 rats. * $P < .05$ v control rats; § $P < .05$ v DM rats.

The concentration of XOD, which produces free radicals, was high in the kidneys and low in the liver from DM rats, and these changes were restored by N treatment. Free radicals produced by activated XOD may be easily induced in the kidneys and then cause diabetic complications, although the mechanism of the changes in XOD concentrations under diabetic conditions and with N treatment was not clarified.

There is a controversy concerning the activity and concentration of SOD in DM.²⁷⁻³² In our study, the activity of Cu,Zn-SOD, expressed as a concentration, decreased in cardiac muscle but increased in the kidneys from DM rats. Kakkar et al³² reported that the increase in free radicals in DM may increase GSH-PX activity, which in turn may prevent SOD inactivation due to H₂O₂ and thus increase SOD activity. In contrast, glycation and inactivation of Cu,Zn-SOD in erythrocytes has been reported.^{33,34} Since blood glucose levels were unchanged by nicorandil, it seems unlikely that nicorandil affected the glycation of SOD.

Mn-SOD activity expressed as a concentration decreased in the liver, kidneys, and cardiac muscle from DM rats. Mn-SOD plays a key role in the protection against mitochondrial

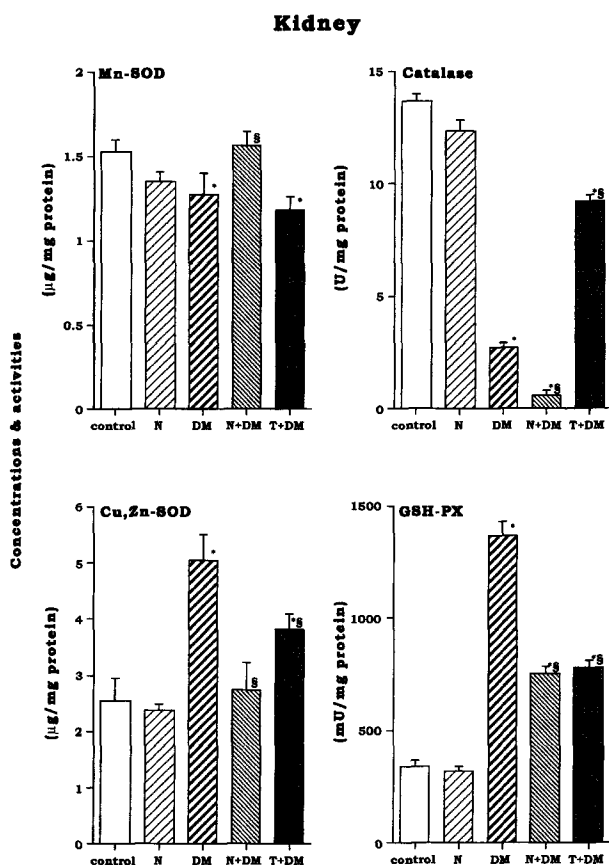


Fig 4. Comparison of scavenging enzyme concentrations and activities in the kidneys from control, N-treated (N), DM, N-treated DM (N + DM), and T-treated DM (T + DM) rats. Each value is the mean \pm SEM for data from 10 rats. * $P < .05$ v control rats; $\$P < .05$ v DM rats.

Cardiac Muscles

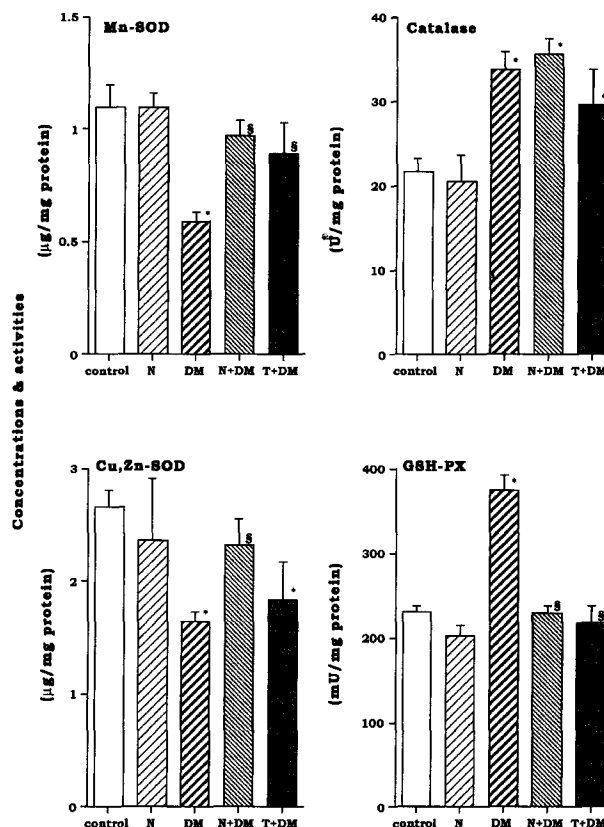


Fig 5. Comparison of scavenging enzyme concentrations and activities in cardiac muscle from control, N-treated (N), DM, N-treated DM (N + DM), and T-treated DM (T + DM) rats. Each value is the mean \pm SEM for data from 10 rats. * $P < .05$ v control rats; $\$P < .05$ v DM rats.

oxidative stress.³¹ The reduced induction of Mn-SOD in DM may contribute to the damage of diabetic organs. To our knowledge, there are no reports concerning the glycation of Mn-SOD, implying that other factors such as cytokines induce these changes in Mn-SOD activity.

Catalase³⁵ and GSH-PX activities were altered in the DM rats. These changes in our study are compatible with other studies.²⁷⁻³² Although the direct effect of nicorandil on catalase and GSH-PX activities has not been reported, nitric oxide produced by nicorandil may affect the activity of these enzymes, especially catalase, because it is a heme protein enzyme.^{36,37}

The results of this study imply that lipid peroxidation and free radicals play a role in diabetic complications, and nicorandil treatment as an antioxidative therapy may be beneficial in preventing diabetic complications in rats rendered diabetic with streptozotocin.

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